

MARGOT HALSTEAD



Revealing what happens before people speak — and how it shapes everything that follows.

Margot Halstead is known for the moment in every session when something clicks — when she names a pattern people have been feeling but couldn't articulate, and the room suddenly sees themselves in the work. Her keynotes are interactive and immediately usable. People don't just hear the ideas; they try them in real time and walk away with clarity they can use in their next conversation.

For more than 20 years, Margot has helped people communicate with more steadiness, accountability, and confidence. She works in the moment before people speak — the internal patterns that shape tone, trust, and presence — and gives audiences practical tools they can apply right away. Her work creates the kind of shift that moves people forward, helping them see their patterns clearly and step into conversations with more clarity and ease.



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The Messy Moments That Shape What Happens Next: Signature Keynotes

KEYNOTE 1 - What Happens Before You Speak Changes Everything

How the moment before you speak shapes your tone, your presence, and your influence.

In this keynote, audiences will:

- o Spot the internal patterns that shape how they show up
- o Catch reactive habits before they derail the moment
- o Practice real-time shifts that steady and clarify communication
- o Use simple tools that make the next conversation easier

KEYNOTE 2 - When Your Idea Moves Without You

How to stay influential when timing, ownership, and credit get complicated.

In this keynote, audiences will:

- o See why ideas get overlooked, absorbed, or redirected
- o Re-enter conversations without escalating or over-explaining
- o Use language that keeps their work visible and their presence steady
- o Navigate shifting rooms with more clarity and confidence

